



NOOR QURESHI

Candidate for Vice Presidents' Student Life (2) *HSA Elections 2022 – 2023*

My name is Noor Qureshi and I am a second year finance student at the University of Calgary who will be running to be your next Co-Vice President of Student Life for the Haskayne Students' Association. I have been a Student Life Director at HSA for the past 8 months and have thoroughly enjoyed working alongside my fellow directors and vice presidents, planning and hosting various events at Haskayne. Being a director allowed me to take part in planning the Fall 2021 Haskayne Orientation as well as many other virtual events throughout the year, working to increase student engagement and promote students' wellbeing. This is something I hope to continue doing in an executive position.

As a Vice President of Student Life, I hope to cater more events towards benefitting students and catering to their specific wants and needs. This would mean regularly gathering input from students regarding what kind of events they would be most likely to attend, whether through polls, surveys, or direct interactions. After a rollercoaster of switching between in person and online classes, and restrictions being lifted and re-implemented over the last two years, I think that an element of socializing with others has been lost and students have not been able to get the full university experience. Whether online or in person, I believe that by holding events that allow students to interact with each other, meet new people, and enjoy university outside of the narrow focus on coursework and career development, they may have a more fulfilling experience and a stronger sense of belonging within the Haskayne community.

This brings me to my next point of using my position to provide students with spaces and events where they can be reminded of the importance of prioritizing their health and stress management techniques. Being a university student can often mean having a very busy lifestyle, with many students juggling school, work, personal career development, and other pressures that many of us face. As a vice president I want to ensure that students feel that they have the resources necessary to manage this stress and that it is completely normal to feel overwhelmed at times. With many of us having begun our university career in an online environment, I believe that moving from online to in-person school was a big transition that many are just now experiencing for the first time. I hope to help in easing this transition and ensuring that new students are comfortable and are aware of all the resources available to them before beginning their university careers. The Fall 2022 Haskayne Orientation will be an amazing opportunity for me and the HSA Student Life team to fulfill this objective and give new students a strong kickstart to the school year.

To close off, I want to emphasize that current global circumstances are constantly changing, and there is no certainty regarding whether it will be permissible to have in person events or not, as much as we all would like to. This means that this executive role will require a high level of adaptation, which I believe I can provide. Regardless of the mode of delivery, I hope to continue to deliver events that can be engaging, beneficial, and enjoyable for students.